

ST. PAUL'S BASILICA EST. 1822~FIRST CATHOLIC PARISH IN TORONTO

STAFF

Fr. Robert O'Brien Pastor

Lynett Wilson Admin / Communications

Cathy LeBlanc Sacristan **Rev. Antanios Farah, OAM** In Residence. Hospital Chaplain

Jason Lo Bookkeeper

Ives Alvarez Custodian

MASS TIMES Saturday: 4:30 pm ◆ Sunday: 8:30 am and 11:00 am Tuesday to Friday: 5:00 pm

CONFESSIONS Saturdays from 3:30 pm to 4:15 pm

OFFICE HOURS Monday to Friday from 9:30 am to 5:00 pm (closed for lunch from 12:00 pm to 1:00 pm)

CONTACT

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SACRAMENTS

Please contact us for more information on preparing for and receiving a Sacrament at St. Paul's Basilica.

- Baptism; Two months in advance
- Marriage; Registered parishioners at least one year in advance, For all other marriage inquiries please contact the parish office
- First Holy Eucharist, Confirmation and RCIA; Registraition takes place in the fall
 - Anointing of the sick & Communion of the sick and shut-ins;
 Please contact the parish office

ST. PAUL'S CATHOLIC SCHOOL

Alyson Sobol, Principal + Tel: (416) 393-5204

* A Message from the Pastor



The "Discipline" of Lent

8

Over the last few weeks, we have been hearing Jesus, in St. Matthew's Gospel, give a set of lessons on the Christian life we call, "The Sermon on the Mount". We have learned how we are called to an interior conversion so that what comes out of us is good, rather than evil. And, we have learned that our attitude is led by Jesus' love for everyone, a love that draws us to Him. Like, Jesus, in the face of hurtful things we are to remain loving, trusting in Him and in the promise of God the Father.

Now, we come to Lent. We might remember the "disciplines" we tried as a kid – maybe no sweets, or these days less phone or online time. I bought fish this week. On one level there is the human exercise of self-control that can be a good steppingstone to deep conversion of heart. At the deeper level, maybe we can reflect with a little care about what we can do this year that will help us to receive and share God's love more freely. While God knows our hearts far better than we know ourselves, we do know something about our hearts and we can choose to do things that will be more likely to be fruitful. Here are a few suggestions for thought:

- In "giving something up" it might be useful to think about what can I do with less of? It might be a thing. Or it could be something intangible. Maybe the kind of conversations you have sometimes. This is especially good if it lowers barriers for you to see the needs of others and to love them more sincerely.
- 2. Adopting something that will be fruitful. It could be a work of charity (love) or mercy. Think about starting with something you actually enjoy that is of benefit to others. And what about something that is a sacrifice but is small and something you can do often?

- 3. In prayer: Think about incorporating a little time for listening along with your usual prayers. Think about a little focus in prayer – it might lead you more deeply into prayer with the benefit of knowing that you are encountering the effects of God's graces each day.
- 4. Recreation: It might seem a strange thing to think about in Lent. We often think about being entertained but I wonder how often we think about "re-creation", doing things that just support us in being renewed. Even eating properly and getting enough sleep would probably be a good Lenten resolution for many of us. It would make everything else we do more alive and help us to be present to others and have deeper moral intent in the good we strive to do. It may seem we are in a world obsessed with self-care, but I wonder how much of that comes from experiences of unhealthy self-doubt, or even guilt at caring for our bodies, emotions and the gifts that God has given us?

Just like going on retreat, we have to be committed to making the retreat or Lent that is good for us, that will be most fruitful for our own deep conversion. While some of the things we do might be visible to others, the whole interior interactions that will bear fruit by God's grace will certainly be invisible. I pray that all of you will have a happy and peaceful Lent, able to say, "Yes", to all that God desires for you.

In Christ,

Fr. Bob

* News

Pancake Breakfast

Sponsored by the Knights of Columbus



The Knights of Columbus, council 1388, will be hosting a pancake breakfast this *Sunday, February 26th* after the 8:30 am and 11:00 am Masses. Please join fellow parishioners in the parish hall and enjoy a free serving of pancakes, sausages and scrambled eggs along with coffee, tea and juice. All Are Welcome!

NOTEWORTHY

Parish Collection Summary

	2023	2022	Diff
Last Wkd	\$ 1,809	\$ 8,218	♥\$6,410
Mth Total	\$ 7,412	\$16,618	♦ \$ 9,206

Turkey and Syria Earthquake -Humanitarian Relief

Recent earthquakes and aftershocks in Turkey and Syria have caused devastation in both countries. The Archdiocese of Toronto will accept donations and channel funds through Catholic partners (including Caritas Canada, Aid to the Church in Need, CNEWA, and Jesuits International) to support relief efforts underway. Those wishing to help may do so in the following ways:

- in the following ways:
- » The Donate button at the top of our parish website, or scan the QR code;



- » The Development Office at 416-934-3411;
- » Parish collections, making cheques payable to: St. Paul's Basilica -Turkey and Syria Earthquake -Humanitarian Relief

Annual Mass of St. Patrick

Friday, March 17, 2023 at 10 am St. Michael's Cathedral Basilica



The annual Mass of St. Patrick at St. Michael's Cathedral Basilica in Toronto will take place on Friday, March 17 at 10 a.m. Cardinal Thomas Collins will be the presider and homilist. All are welcome. Those unable to

attend can participate in the celebration via livestream at *stmichaelscathedral.com/live* or use the QR code.



2022 Tax Receipts

2022 tax receipts have been mailed out. Please contact the office if you have any questions. We appreciate your generosity in supporting your spiritual home. Thank you!

1st Sunday of Lent Support our Lenten ShareLife Appeal



In this time of Lent, please reflect on the great needs of our brothers and sisters who are helped through your kind support of ShareLife.

Last year, ShareLife supporters like you enabled 1,900 young parents and their children to access programming, along with diapers, food and clothing.

Your support of ShareLife provides hope and support as they create better lives for their families. Please give generously once again this year.

Mass Intentions

Saturday, February 25 4:30 pm ♦ **†** Veronica Ball

Sunday, February 26
8:30 am ♦ † Charles & Giovanna Zuzek
11:00 am ♦ For the People

Tuesday, February 28 5:00 pm ♦

Wednesday, March 1 5:00 pm ♦ Unannounced

Thursday, March 2 5:00 pm ♦

Friday, March 3 5:00 pm ♦ Unannounced

Stations of the Cross



The 40 days of Lent are a special time of spiritual renewal in the Church. During Lent the Stations of the Cross will be prayed Friday evenings in the Church after the 5:00 pm Mass.

Credit Card Donations



Don't carry cash or even own cheques? Want to collect miles or points on your credit card? A single or monthly donation through your credit card is a great option. Tax receipts are issued immediately for a single donation and at the end of the year for a recurring gift. Select the Donate button at stpaulsbasilica.archtoronto.org or scan the QR code. Please ensure that

down menu when signing up.

February 25-26 2023

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