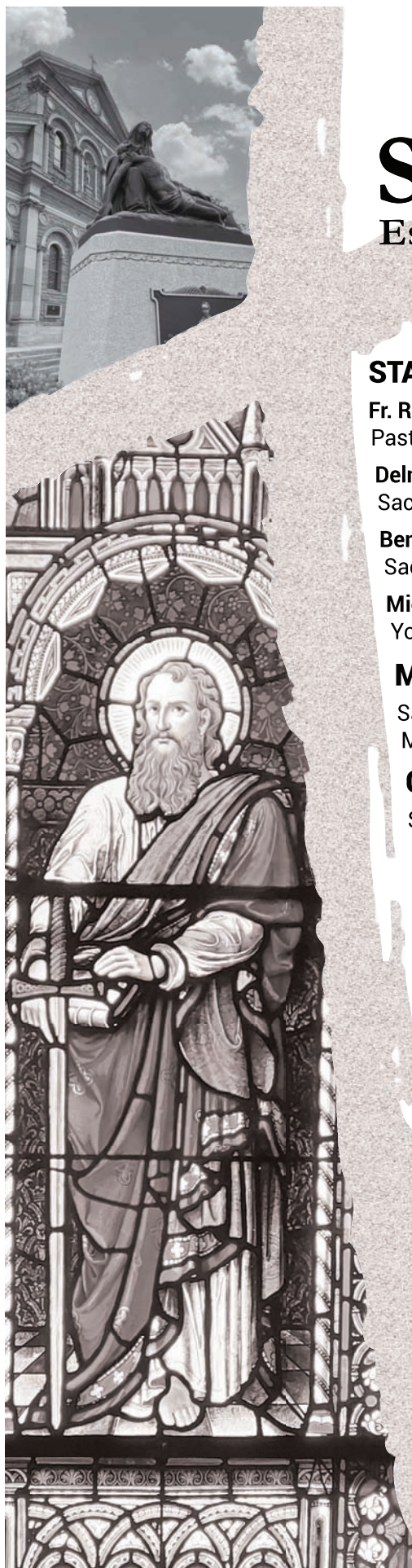




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Sacristan

Ben Richards
Sacristan

Micah MacMullen
Youth Minister

Fr. Keith Wallace
In Residence

Lynett Wilson
Office Manager

Jason Lo
Bookkeeper

Ives Alvarez
Custodian

Joseph Angelo
Music Director

Allison Angelo
Cantor

Andrea Cerswell
11 am Choir Lead

MASS TIMES

Saturday: 4:30 pm ♦ Sunday: 8:30 am and 11:00 am
Monday: No Mass ♦ Tuesday to Friday: 5:00 pm

CONFESSIONS

Saturdays from 3:30 pm to 4:15 pm or by appointment

OFFICE HOURS

Monday to Friday from 10:00 am to 5:00 pm

CONTACT

📍 83 Power Street, Toronto, ON M5A 3A8 | ☎ (416) 364-7588
✉ stpaulsbasilica@archtoronto.org | 🌐 stpaulsbasilica.archtoronto.org

SACRAMENTS

Please contact the parish office for more information on preparing for and receiving a Sacrament at St. Paul's Basilica.

- ♦ Baptism; Two months in advance
- ♦ Marriage; Registered parishioners at least one year in advance
- ♦ First Communion, Confirmation and RCIA;
Registration takes place in the autumn
- ♦ Anointing of the sick & Communion to the sick and shut-ins;
Please call during office hours

DONATION OPTIONS

To begin donating via Weekly Offertory Envelopes or Pre-Authorized Monthly Direct Debit, please contact the parish office.

To donate by Credit Card, visit our website or use the Tip Tap Device located near the main entrance. To receive a tax receipt please register your card after your first tap. Information is available near device.

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❖ A MESSAGE FROM THE PASTOR

Spirituality and the Wandering Mind

"I'm bored!" That was a refrain often repeated in our house. I remember thinking that my parents must have good answers to that problem.

Recently, I was listening to an academic on YouTube who observed that it's actually important to be bored. He noted that the phone has become our go-to distraction. When we stop focused attention and allow our minds to wander, it activates a different mode in our brains. This is when deeper questions and feelings rise to the surface—and that's what often makes us uncomfortable. Avoiding these feelings has become so easy and socially acceptable. After all, what could be more normal these days than to see people scrolling on their phones?

The speaker's point was that in avoiding discomfort, we also avoid the very things that can give our lives meaning. Personally, I would add that love and life include a wide range of emotions and raise all kinds of questions. That's one reason turning to God—and to one another—is both natural and necessary.



He went on to offer several guidelines for a more balanced approach to phone use, which you might consider adapting in realistic ways for your own life. He avoids devices after 7 p.m. None are allowed at the supper table. He regularly takes deliberate breaks from technology—he even calls them "fasts," much like the fasts we speak of in our spiritual discipline. He also keeps his phone out of the bedroom at night. If you'd like to look him up, his name is Dr. Arthur Brooks.

He points out that these changes may feel uncomfortable at first, but we recover—and as we do, we reconnect more naturally with our deeper longings and questions. From that place, we begin to build a

life of meaning. For us in the Catholic tradition, this is quite familiar. In prayer, we strive to be present to God. In our interactions with one another, we seek to be attentive. And in our ongoing conversion, we aim to be real to ourselves.

Dr. Brooks also mentions our tendency to constantly listen to podcasts or music through headphones. Perhaps we're trying

to create our own little space in the world—but that bubble can easily become a barrier, separating us from others.

Is it any wonder, then, that so many people say they feel lonely? We can, of course, still use technology and enjoy the opportunities it provides. But we would be wise not to turn to it simply to fill the empty spaces in our lives. Real relationships are what we need—and where we thrive best.

In Christ

Fr. Bob

❖ NOTEWORTHY

Hurricane Melissa & Typhoon Kalmaegi — Humanitarian Relief

Category 5 Hurricane Melissa, the 3rd strongest Atlantic hurricane on record, devastated Jamaica and other Caribbean islands, destroying crops and fishing areas, and leaving many without power or telecommunications. Fuel and food shortages have worsened the crisis, with thousands displaced. Following Typhoon Kalmaegi the Philippines declared a state of emergency after over 200 deaths and widespread damage. Across the Philippines, Vietnam, and Thailand, floods, landslides, and debris have displaced thousands and continue to endanger residents attempting to clean up.

The Archdiocese of Toronto will accept donations and channel funds through our Catholic partners in the Caribbean and Asia to support relief efforts underway in both regions. Those wishing to help may do so in the following ways:

- » Through the Archdiocese of Toronto, by phone at 416-934-3411 or online at *archtoronto.org*
- » Through the parish, making cheques payable to:
St. Paul's Basilica – Humanitarian Relief

Please continue to pray for all those affected by natural disasters worldwide, especially victims of Hurricane Melissa in Jamaica and the Caribbean and Typhoon Kalmaegi in the Philippines, Vietnam and Thailand. May the Lord comfort those who have lost loved ones, and provide strength to those displaced.



❖ NEWS

Weekly Mass Intentions

Saturday, November 15

4:30 pm ♦ † Karel & Raymonde Uhler

Sunday, November 16

8:30 am ♦ For the People

11:00 am ♦ For the People

Tuesday, November 18

5:00 pm ♦ Private Intention

Wednesday, November 19

5:00 pm ♦ Private Intention

Thursday, November 20

5:00 pm ♦

Friday, November 21

5:00 pm ♦ Private Intention

Parish Collection Summary

	2025	2024	Diff
Nov 2	\$ 5,773	\$ 4,804	↑\$ 969
Nov 9	\$ 2,872	\$ 2,924	↓\$ 52
Nov 16*		\$ 6,663	
Nov 23		\$ 2,572	
Nov 30		\$ 6,101	
Mth Target	\$ 8,645	\$ 23,064	↓\$14,420

* Includes Monthly Pre-Authorized Debit Donations

Thank you for supporting our parish!



Cashless Donations

With fewer people using cheques or cash, here are some new ways to donate!

Online at 'stpaulsbasilica.archtoronto.org' or scan the QR code or and hit the Donate button. Check that "St. Paul's Basilica, Toronto" is selected from the Parish drop down menu when signing up.

Tip Tap - Simply tap your card on the 'tip tap' device, located at the back of the church, to donate. If you would like to receive a tax receipt at the end of the year, you can register your physical card by scanning the QR Code next to the 'tip tap' device. An information sheet is available next to the 'tip tap' device.



Make your gift to ShareLife today for twice the impact!

Your gift will double in value! Until year end, your contribution to our parish's ShareLife campaign will be matched by an anonymous donor up to a total of \$500K.

Across Ontario, our brothers and sisters are facing hunger, uncertainty, and growing need. Children go to bed hungry, families struggle to put food on the table, and seniors worry about their next meal. New data shows that more than four million visits took place across Toronto food banks this year, with an increase of half a million visits from last year! ShareLife and Catholic Charities of the Archdiocese of Toronto are back for a third year with Food Security Grants, now partnering with two generous anonymous donors to pledge \$800,000 to help your neighbours most in need. With your compassionate support, we can continue our shared commitment to fight against hunger. Thus far we have raised \$36,600 toward our goal of \$51,000. Please give using a ShareLife envelope or at sharelife.org/donate.



Upcoming Special Collections

Parish Preservation Fund

Our monthly Preservation Fund collection will be held **December 6 & 7**. This collection helps cover the ongoing maintenance needed to preserve and care for our beautiful Basilica, ensuring it remains open and welcoming to all.

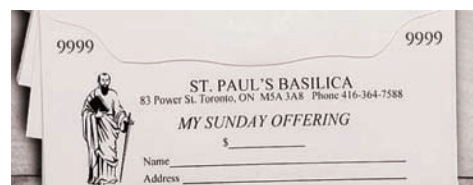


Youth Outreach Fund

Our Youth Outreach Fund collection will be held **December 13 & 14**. This collection helps offset the costs of running the various programs for our youth and young adult ministries.

We thank you in advance for your support, generosity and continued commitment.

Offertory Envelope Boxes & Donation Numbers



We are beginning preparations for the 2026 offertory envelope boxes. We've noticed that many parishioners regularly contribute using the pink guest envelopes found in the pews. If this is you, we encourage you to consider registering for a box of numbered offertory envelopes or a parish donation number. Each number is linked to your parish record, making it easier to record your donations and issue end-of-year tax receipts. It also saves you from having to write your name and address each week. To learn more or to sign up, please contact the parish office.

Free Catholic Estate Planning Webinar

Saturday, November 29, 2025 at 9:00 am



Catholic Cemeteries & Funeral Services and the ArchTO estate planning team invite you to join this free webinar to learn about how to avoid issues with your Will, Powers of Attorney & Estate Planning as well as Catholic traditions around cremation, burials and funerals. To register scan the QR code, visit 'qrco.de/WebNov29'



Praying for Our Beloved Dead in November

A Book of Remembrance is available at the front of the church throughout the month of November, when we traditionally pray for the repose of the souls of our beloved. All are welcome to offer prayers for the faithful departed by writing the names of deceased family and friends in the book which will be remembered at all Masses throughout November.

33rd Sunday in Ordinary Time

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